Studying Childhood, Positive Guidance, & Child Care

True/False

Evaluate statements based on the italicized words and indicate whether the statement is true or false. True = A and False = B on your Scan-Tron sheet.

____ 1. The best way to learn about children is to read books about them.
____ 2. Childhood has not always been considered a separate stage of life.
____ 3. In the 1800s, most schools grouped children according to age.
____ 4. Children play more today than they did a century ago.
____ 5. In the past, children dressed more informally than they do today.
____ 6. Parents who have an authoritarian style of parenting are likely to ignore rule breaking.
____ 7. With guidance from parents, children learn self-discipline, the ability to control their own behavior.
____ 8. Parents should set limits, such as physical restrictions and rules, to guide children toward safe and appropriate behavior.
____ 9. Because children often ignore the behaviors they see, parents and caregivers need to be good role models.
____ 10. Parents may use a time-out, a few hours separated from other people, to help their young child regain self-control.

Multiple Choice

Identify the choice that best completes the statement or answers the question.

____ 11. Why is it important to understand typical behaviors of children?
   a. To help correct poor behavior.  
   b. To find out if you enjoy children.  
   c. To change behavior you do not like.  
   d. To respond to children appropriately.

____ 12. Studying children is valuable because...
   a. future teachers can learn how to educate them most effectively.
   b. they are the workforce of the future.
   c. you will understand them better and gain important skills.
   d. everyone was a child at one time.

____ 13. An important finding by researchers is that childhood...
   a. is not a separate stage of life.  
   b. doesn’t affect later life.  
   c. has a major influence on later life.  
   d. is a period of moderate development.

____ 14. What is one way that childhood today is the same as in the past?
   a. Children in school are grouped according to age.
   b. Children need love.
   c. Children are given few responsibilities.
   d. Children dress comfortably.
15. Which of the following statements about child development is true?
   a. Children go through stages, but the order varies.
   b. Children go through the same stages in the same order.
   c. Children go through stages at the same rate.
   d. Development occurs in one area at a time.

16. Which of the following is an example of the influence of environment on a child’s development?
   a. A child’s eye color
   b. A child’s blood type
   c. A child’s hair color
   d. A child’s interest in sports

17. The terms “nature” and “nurture” refer to...
   a. the struggle faced by many teens.
   b. heredity and environment.
   c. birds and insects.
   d. children tempted by peer pressure.

18. Hailey hears her mother speak kindly to a neighbor. Hailey is learning values through...
   a. deprivation.
   b. communication.
   c. religious training.
   d. example.

19. Which of the following is a way to help meet a child’s physical needs?
   a. Teaching the child to count.
   b. Teaching the child basic rules about safety.
   c. Teaching the child to share.
   d. Making sure the child feels loved.

20. Which of the following would be true in the home of an assertive-democratic parent?
   a. The parent sets the rules, and the children are expected to obey without question.
   b. The children have some input into the rules but do not actually set their own rules.
   c. The children set the rules, and rule breaking is often ignored.
   d. When rules are broken, the parent responds quickly and firmly.

21. Which of the following is an example of parents setting limits on a child’s behavior?
   a. Giving the child a reward for stopping the behavior.
   b. Showing the child the way they should speak to others.
   c. Telling the child that hitting is not allowed.
   d. Praising the child for the behavior.

22. Which of the following is an example of using natural consequences to discourage inappropriate behavior?
   a. An angry child throws his favorite toy and breaks it, and his mother doesn’t buy him a new one.
   b. A child must sit in a chair when she continues to misbehave after being warned.
   c. A child is not allowed to play with a ball after hitting his sister with it.
   d. A child must play inside after running into the street.

23. Which of the following is a poor way to discipline children?
   a. Using time-outs.
   b. Taking away privileges.
   c. Giving a warning.
   d. Promising a treat if they stop the behavior.
24. Children know what behaviors are expected of them when parents...
   a. exaggerate the consequences of the behaviors.
   b. contradict each other’s rules.
   c. are consistent in applying rules.
   d. limit praise for appropriate behavior.

25. A nanny is an example of...
   a. family child care.
   b. in-home care.
   c. center-based care.
   d. holiday child care.

26. Which of the following would not be a child care option for families in which both parents work full time?
   a. Child care center
   b. Family child care
   c. In-home care
   d. Play group

27. A child care provider working alone should handle...
   a. no more than six children under the age of two.
   b. no more than six children in addition to the provider’s own children.
   c. no more than six children including the provider’s own children.
   d. no more than six children and no more than three under the age of two.

28. Many parents choose center-based care because...
   a. center-based care is usually less expensive than home-based care.
   b. center-based care usually provides more individual attention than home-based care.
   c. child care centers must be licensed and may also be accredited by the NAEYC.
   d. child care centers are often easier for children to adjust to than home-based care.

29. A child’s development follows a(n) ________________, or a specific order of steps.
   a. law
   b. hierarchy
   c. ordinance
   d. sequence

30. Which type of family is least likely to need substitute care for their children?
   a. Two-parent family in which one parent works outside the home.
   b. Single-parent family in which the parent works full time.
   c. Two-parent family in which both parents work full time.
   d. Two-parent family in which one parent works full time and the other works part time.

Matching

Match each description with the correct term. Write the letter of the term in the space provided. Do not use any term more than once. Some terms will not be used.
   a. re-direction
   b. self-esteem
   c. limited choices
   d. positive reinforcement
   e. self-discipline
   f. time-out
   g. natural consequences
   h. negative reinforcement
   i. logical consequences
   j. positive statements

31. A style of giving direction that seeks to say what the child should do rather than using negatives such as “don’t,” “no,” or “stop.”

32. A consequence designed by the caretaker that is directly linked to the misbehavior; it is meant to teach children to think through the results of their actions.
Match each description with the correct term. Write the letter of the term in the space provided. Do not use any term more than once. Some terms will not be used.

a. Au Pair  f. License
b. Head Start  g. Parent Cooperative
c. Accreditation  h. Child Care Center
d. Corporate Day Care  i. Family Day Care
e. Montessori  j. Lab School

41. Recognition from an organization like the NAEYC that indicates that a child care provider or program has met certain standards
42. An arrangement in which parents take turns caring for one another’s children in their own homes
43. Federally-funded program that provides child care facilities to lower-income and disadvantaged children to help prepare them for school
44. An in-home care provider that comes from overseas to care for a family’s children and may live with them
45. Child care offered on-site to the employees of a particular corporation or business.
46. A business with a number of staff to care for many children. In Iowa, they must be licensed by the Department of Human Services.
47. a school/care facility attached to a college or university and used as a place to train future teachers or conduct studies in educational theories.
48. An educational method that believes children learn best through their own discovery rather than through formalized lessons.
49. Required by our state for any place the cares for 7 or more children, this guarantees that at least a minimum of health and safety standards are met
50. Child care, run out of a person’s home; the number of children cannot exceed 6, including the caregiver’s own children.
Using Positive Guidance

Explain what is wrong with the following statements. Then rephrase the following statements using positive guidance techniques (2 points each):

51. Don’t jump off the ladder! Do you want to break your head open?

52. Why aren’t you drinking your milk? What the *bleep* do you want to drink then?

53. DON’T SHOUT!!! WHY CAN’T YOU EVER JUST BE QUIET?

54. Please just stop crying. If you stop, I’ll buy you a candy bar.

55. Now, promise me you’ll behave while we’re at grandma’s.

Solutions to Misbehavior

For each of the following examples, suggest an appropriate technique for resolving the problem and describe how you would apply it in this particular scenario. There may be more than one correct solution. (2 pts each)

56. In the toddler room, Maria wants the toy truck that Mark is playing with. Maria grabs the truck and a struggle ensues.

57. Kayla and Kira are twins who were playing “tea party.” At the end of the game, Kayla refuses to help with cleanup leaving Kira to pick up all the toys by herself.
58. During arts & craft time at kindergarten Joshua is breaking crayons and throwing them at the other children rather than coloring his own picture.

59. Dion, age three, is new to the day care center. Instead of joining in, he just sits in the corner and refuses to play with other children.

60. Benjamin, 18 months, is trying to stick shaped blocks into a canister with cut out holes. As he cannot figure out the puzzle, his face becomes red and he slams the blocks against the toy with increasing forcefulness. He begins screaming and crying, clearly distressed.

Comparing Care

For each of the following types of child care, provide one advantage and one disadvantage. You cannot repeat pros/cons, so select carefully.

61. In-Home Care Provider
   +
   -

62. Parenting Co-Operative
   +
   -

63. Private Day Care Facility
   +
   -

64. Family-run Day Care
   +
   -
65. Pre-School
   
   +
   
   -

66. Stay-At-Home Parent
   
   +
   
   -

67. Head Start
   
   +
   
   -

Essay

Answer the following questions in paragraph form, using complete sentences OR in bullet form with complete thoughts. Incomplete thoughts will not be considered; err on the side of giving me too much, rather than too little.

68. Write three vignettes (short stories) displaying the three types of parenting styles using the same scenario (i.e. curfew). Title each vignette with the appropriate style. Make sure to use descriptive adjectives to illustrate the typical mindset, behaviors, and outcomes of each. (12 pts)

69. List the four laws of development and give an example of each. (8 pts)

70. List and explain (thoroughly) five of the ten things that “every child needs;” (10 pts)

71. What are five questions parents should consider when evaluating a child care provider or program? (5 pts)